

# aQuire's "Family Learning Center" Courses



## Caregiver Training

- Becoming a Caregiver
- Tasks of a Caregiver
- Communicating with Others\*
- Understanding Senior Rights
- Promoting Personal Independence
- Understanding Elder Abuse\*
- Human Needs and Development
- Body Systems and the Aging Process
- Common Chronic Diseases\*
- Common Communicable Diseases\*
- Handling Difficult Situations and Behaviors, part 1
- Handling Difficult Situations and Behaviors, part 2
- Emergency First Aid: Burns and Poisons
- Emergency First Aid: Heart Attack and Shock
- Emergency First Aid: Choking and Falls
- Emergency First Aid: Stroke and Wounds
- Emergency First Aid: Other Sudden Emergencies
- Controlling Infections
- Environmental Hazards and Safety
- Promoting and Maintaining Good Mobility\*
- Nutrition and Hydration
- Elimination and Toileting
- Providing Personal Care
- Helping around the house
- Providing Skin Care
- Measuring Vital Signs\*
- Observation, Reporting and Recording
- End of Life Care
- Avoiding Caregiver Stress

\*Course is 2 hours

## Alzheimer's and Memory Care

- Signs and Symptoms
- In their shoes: A person's perspective
- What families should know
- Diagnosis & the caregivers role
- Learning to Communicate
- Daily Care Skills
- Practicing good hygiene
- Environment is important
- Creating a calming, restful environment
- Activities for Special People
- Household chores can be FUN
- Preventing weight loss
- Improving diet & nutrition
- Challenging behaviors: Prevention
- Challenging behaviors: Priorities & protocol
- Challenging behaviors: Violence & Aggression
- Challenging behaviors: After an event
- Managing pain & non-verbal cues
- Assessments and Care Planning
- Documenting care
- Wandering: Staying safe



If you have additional questions, please feel free to contact:

Joni Powell

Account Manager, Home Care Division

[joni@aquiretraining.com](mailto:joni@aquiretraining.com) | 877.843.8374

[www.aquiretraining.com/WVSC](http://www.aquiretraining.com/WVSC)

After clicking on the aQuire link above, you will be prompted for a username and password. Both are "wvfamilycare"

**aQuire**  
training solutions

Powerful Tools. Genuine Results.